



SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Acupressure	2 AED; Automated external defibrillator; Defibrillator	3 Insulin	4 Pull, Aim, Squeeze, Sweep	5 Shin splints
6 Joint inflammation	7 Zoonotic disease; Zoonosis	8 Omega-3 fatty acids; Omega-3s	9 Maslow's Hierarchy of Needs	10 Incubation period; Incubation	11 Folate; Folic acid	12 Anabolic Steroids
13 Carcinogens	14 Emotional intelligence; Emotional awareness	15 Ergonomics	16 Fermentation	17 LDL; Low-density lipoprotein	18 Prime	19 Safe room; Storm shelter
20 Protein	21 Salmonella	22 Fire triangle	23 Dermatologist	24 Iron	25 Loss of consciousness; Fainting; Syncope	26 Hypothermia
27 Anorexia; Anorexia nervosa	28 Booster; Booster shot; Booster dose	29 Concussion	30 Empathy; Empathetic understanding			

