



LifeSmarts

Learn it. Live it.

Notes from the LifeSmarts Team

LifeSmarts Alumni Monthly Update, February 5, 2026

Dear LifeSmarts Alum,

We hope you are all safe and warm, and that these winter storms haven't affected you too severely. In fact, what better way to get your mind off the cold than by planning your spring trip to Orlando to join us at the **2026 National LifeSmarts Championship in Orlando, FL taking place April 15-18, 2026?** Come for LifeSmarts, stay to experience the brand-new Epic Universe.

Program Updates:

1. **State Competitions are in full swing:** This is an exciting year for LifeSmarts as more states than ever before are taking part in both virtual and in-person competitions.
2. **Volunteer 2026 National LifeSmarts Championship:** As alumni, you are our best volunteers, because you know the program inside and out. And as a volunteer, you won't need to study! Come for the competition, and enjoy all Orlando has to offer when you're not volunteering.
3. **Room Scholarships Expanding to Recent College Grads:** Thanks to a large grant from our sponsor, Gen, we still have 3 spots available for LifeSmarts Alumni. Please submit your applications before February 16, 2026. **This year, we are opening room scholarships to all Alumni 18-24 years old.**
 - a. Click here to apply: <https://lifesmarts.org/young-alumni-lodging-request/>
4. **Get Involved with the Virtual Junior Varsity Championship:** The middle school Junior Varsity LifeSmarts program continues to grow. If you would like to volunteer to assist with the Virtual Championship in May, it's a great opportunity to earn volunteer hours!
 - a. If you are interested, please contact [Cheryl Varnadoe](#).

We hope to see you in Orlando! In the meantime, we'd love to hear what you're up to! [Click here](#) to share professional or personal milestones and you might be featured on LifeSmarts social media!

Best regards,

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