

Why Should Teens Care About Safe Driving?

Getting a driver's license is one of the most exciting accomplishments for a teen, but many risks accompany it. Teens need to practice safe driving to avoid the dangers of the road.





According to the American Automobile Association, teenage drivers are four times more likely to be involved in a car crash than adults [3].



What is unsafe driving?

According to the CDC, the top unsafe driving practices by teens are:

- Inexperience
- Driving at night
- Not wearing seatbelts
- Driving while distracted
- Speeding
- Driving while under the influence [6].

Three Types of Distracted Driving



Visual

Taking your eyes off the road [2].

Manual

Taking your hands off the wheel [2].



Cognitive

Taking your mind off driving [2].

Consequences of Unsafe Driving...



Higher Insurance
Premium



Jail time



Death or Injury





How Can Teens Drive Safer?

by following these tips



Focus on driving with S.I.P.D.E [4].

Search

dentify

Predict

Decide

Execute



Do not drink or eat

Do not drive drunk

Follow the rules of the road

Let an older driver set an example

Make the road your priority

Maintain adequate distance between cars: front, back, and sides.

[7] and [8]

[7]. "Teen Safety Tips." PennDOT Driver & Vehicle Services, www.dmv.pa.gov/Driver-Services/Teen-Drivers/Pages/Teen%20Safety%20Tips.aspx. Accessed 20 Feb. 2024.

[8]. "Ways to Promote Safe Driving for Youth." Youth.Gov, youth.gov/youth-topics/ways-promote-safe-driving-youth. Accessed 20 Feb. 2024.

[4]. "SIPDE -A FIVE Step Process to Help Crashproof New Drivers." Drive Safe Ride Safe, 4 Jan. 2020, drivesaferidesafe.com/sipde-five-step-process-help-crashproof-new-drivers/.







In 2021, More than 900 people younger than 19 died in Texas car crashes.

Aprox. 2,000 were injured [5].

The people who are most at risk for car accidents are males, teens driving with teens or young adult passengers, and newly licensed teens [9].

Many driving schools require students to be at least 15 years old [1].

Most teen driver crashes are due to three "critical errors:" lack of scanning, speeding, and distractions [10].

[5]. "Study: Driver's Ed Significantly Reduces Teen Crashes, Tickets." University of Nebraska-Lincoln UNL News Releases, newsroom.unl.edu/releases/2015/08/13/Study:+Driver%27s+ed+significantly+reduces+teen+crashes,+tickets#:~:text=%3E%2011.1%20percent%20of%20the%20driver%27s,did%20not%20take%20driver%27s%20education. Accessed 20 Feb. 2024.

[1]."Can A 14-Year-Old Take Driver Ed In California?" Maison Law, maisonlaw.com/personal-injury/car-accidents/driver-ed/14-year-olds/#:~:text=Many%20driving%20schools%20require%20students,of%20videos%20whenever%20they%20want. Accessed 20 Feb. 2024.

[9]. "What Risk Factors Do All Drivers Face?" Eunice Kennedy Shriver National Institute of Child Health and Human Development, U.S. Department of Health and Human Services, www.nichd.nih.gov/health/topics/driving/conditioninfo/risk-factors#:~:text=Newly%20licensed%20drivers%2C%20primarily%20teenagers,Inexperience&text=Teenage%20passengers. Accessed 20 Feb. 2024.

[10]. Vigderman, Aliza. "The State of Teen Speeding in 2022." Autoinsurance.Com, 14 Feb. 2024, www.autoinsurance.com/research/teen-speeding-report/

Why We Chose This Topic...

The topic of teen driving safety stood out to our team because it is relevant to our age group. Along with this, our team found that Texas holds 10th place for the state with the highest teen driving fatalities [11]. Staying safe while driving is an important skill; with the safety information provided, we can live healthier lives.

Sources:

- [1]."Can A 14-Year-Old Take Driver Ed In California?" Maison Law, maisonlaw.com/personal-injury/car-accidents/driver-ed/14-year-olds/#:~:text=Many%20driving%20schools%20require%20students,of%20videos%20whenever%20they%20want. Accessed 20 Feb. 2024.
- [2] "Distracted Driving." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 26 Apr. 2022, www.cdc.gov/transportationsafety/distracted_driving/index.html.
- [3] "Driving and Teens." American Academy of Child & Adolescent Psychiatry, www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Helping-Your_Teen-Become-A-Safe-Driver-076.aspx#:~:text=According%20to%20the%20American%20Automobile,motor%20vehicle%20collisions%20each%20year. Accessed 20 Feb. 2024.
- [4] "SIPDE -A FIVE Step Process to Help Crashproof New Drivers." Drive Safe Ride Safe, 4 Jan. 2020, drivesaferidesafe.com/sipde-five-step-process-help-crashproof-new-drivers/.
- [5] "Study: Driver's Ed Significantly Reduces Teen Crashes, Tickets." University of Nebraska-Lincoln UNL News Releases, newsroom.unl.edu/releases/2015/08/13/Study:+Driver%27s+ed+significantly+reduces+teen+crashes,+tickets#:~:text=%3E%2011.1%20percent%20of%20the%20driver%27s,did%20not%20take%20driver%27s%20education. Accessed 20 Feb. 2024.
- [6] "Teen Drivers and Passengers: Get the Facts." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 21 Nov. 2022, www.cdc.gov/transportationsafety/teen_drivers/teendrivers_factsheet.html.
- [7] "Teen Safety Tips." PennDOT Driver & Vehicle Services, www.dmv.pa.gov/Driver-Services/Teen-Drivers/Pages/Teen%20Safety%20Tips.aspx. Accessed 20 Feb. 2024.
- [8] "Ways to Promote Safe Driving for Youth." Youth.Gov, youth.gov/youth-topics/ways-promote-safe-driving-youth. Accessed 20 Feb. 2024.
- [9] "What Risk Factors Do All Drivers Face?" Eunice Kennedy Shriver National Institute of Child Health and Human Development, U.S. Department of Health and Human Services, www.nichd.nih.gov/health/topics/driving/conditioninfo/risk-factors#:~:text=Newly%20licensed%20drivers%2C%20primarily%20teenagers,Inexperience&text=Teenage%20passengers. Accessed 20 Feb. 2024.
- [10]. Vigderman, Aliza. "The State of Teen Speeding in 2022." Autoinsurance.Com, 14 Feb. 2024, www.autoinsurance.com/research/teen-speeding-report/.
- [11]. Voigt, Kevin. "Summer Tragedy: Which States See the Most Teen Driving Fatalities?" Bumper, 1 May 2023, www.bumper.com/analysis/teen-driving-accidents-fatalities/.