



NEWS AND TIPS FOR THE 2024 SAN DIEGO 30TH NATIONAL LIFESMARTS CHAMPIONSHIP

National LifeSmarts Championship 2024: Edition 6 Information for Coaches & Teams

Focus: Individual Assessments, App, Sister Teams and Reminders!

Dear Coaches and Team members,

We are so excited to see you San Diego, April 18 – 21, 2024 competing in the 30th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *San Diego Celebration Central* newsletter. Our hope is that this will assist you and your team in preparing for Nationals by providing helpful information, timely updates and reminders.

Thanks so much to everyone for submitting team Roll Call reels and Competition 1 videos!
We have *lots* of announcements this week!



Individual Assessments are open now through April 12th

Please remember! These must be taken on the date and at the time you provided on your registration form. If you need to change that, let [Cheryl](#) know as these are being monitored.

Reminder: We will notify you the day you selected for your assessments if you are one of the teams randomly selected for live monitoring. We will set up a Zoom for you and your team to join. Each student must be visible while testing and sound must also be on. Coaches and proctors should be on camera as well.

Accessing the Assessments: Each team member should login at LifeSmarts.org and click on the Quizzes link on the left side. Once that loads, click the orange view all button. Find the quiz named National **TOPIC OF QUIZ** Assessment 2024. Remember each team member must quiz on a new topic if they have previously competed at Nationals.

Students must not minimize their screen or open another program, page or app while testing. This can cause the test to time out and report a score. We have had a few instances of this. All the details for proctoring are included in the State Champion Coaches Memo on pages 16-17.

As a reminder, *no one* (coaches, assistant coaches, other students, parents, etc.) may assist the team or individual students in completing any portion of the assessments including providing answers, suggesting answers, or giving opinions on correct answers. Should it be determined that assistance was provided to the individual students or team, the individual scores and team score will be adjusted accordingly, and any awards earned will not be given. Please email us during normal business hours if you have any questions or need assistance.



Coach and Captain Orientation

The Coach and Team Captain orientation recording is now available for you and your Team Captain to watch at the following link and passcode:

https://us06web.zoom.us/rec/share/mxlQ3ieLR0S0TAQ2IP2LImYbjwALmNkKSqZLAgNBqWb_fp8SHU4s99-xYd2rxWPg.Ztcc2LVAT8ISD9fO?startTime=1712087080000

Passcode: cC92CE4=



And the news you all have been waiting for:

The 2024 LifeSmarts National LifeSmarts Championship App is here!

Instructions:

1. Download the Attendee Mobile app here: <https://mobile-mobile.swoogo.com/app/fgq0l4> or use the QR code
2. Search for LifeSmarts2024
3. ***No one has to login to access the app.*** Just pretend that the login area is there.
4. Find your sister team! Click on teams, then find and click on your team. Your sister team will be listed!



Coaches: Be certain your team reads the 2024 General Information for Competitors document under the Resources tab. The app will be updated daily with additional information as we approach the National LifeSmarts Championship, so be certain you check it often!



TONIGHT! Friday, April 5

LifeSmarts LEAP Panel “Leap into LifeSmarts” – Please share with your team members!

Encourage your team members to join our LifeSmarts LEAP panel for an informal Q & A session about the LifeSmarts National Championship and any other questions they have about LifeSmarts on Friday evening, April 5. The event will be held at 8pm Eastern; 7pm Central, 6pm Mountain, 5pm Pacific and 2pm HST. Teens may join the meeting here:

<https://us06web.zoom.us/j/83840194490?pwd=6CmWtql0wT91Z5vFANMtbmb5ozyyNL.1>

Meeting ID: 838 4019 4490

Passcode: 440252

Our LEAP panel looks forward to meeting lots of their peers who will be joining them in San Diego!



Nominations needed:

[Student of the Year Nominations](#) are due APRIL 15 by midnight Eastern. We welcome your nominees!

[Coach of the Year Nominations](#) are also due April 15. We need nominees!



Pin Design Contest - Entries now due April 15th

Do you like to draw and design? Would you like your design to be selected as the 2025 LifeSmarts National Championship pin, which would be given to participants at next year's

National LifeSmarts Championship? How about winning a gift card? Students and/or teams who are competing in the 2024 National LifeSmarts Championship have the opportunity to enter the National LifeSmarts Championship Pin Design Contest. More details available [here](#). If you have any questions, please contact Cheryl at cherylv@nclnet.org. **Entry Deadline is April Monday, April 15, 2024.**



T-shirt Contest

Details on the T-shirt contest are available on the [Team Information Center Page](#). The form to upload your t-shirt photos is also linked on that page. The entry must include a photo of the front and back of the actual t-shirt – not just a design. Entries are due on **Friday, April 19th** for judging and voting via the app.



Instagram Contest

Don't forget about the Instagram Contest!

How to participate: Follow [@LifeSmarts_org](#) and include [#LifeSmarts2024](#), [#LifeSmarts30th](#) and [#LifeSmartsNationals](#) in every post. Share pictures with us of your LifeSmarts in action. Show us funny stories about studying, traveling to Nationals, just hanging out with your team and of course, your best selfies! Posts from April 17- 20 will be considered. Winners will receive gift cards.



Meme Contest

Share the meme contest with your students. How to participate: Follow [@LifeSmarts_org](#) on Instagram and make a Meme about how much you love LifeSmarts. DM your submission to [@LifeSmarts_org](#) by April 19th. Submissions will be posted on [@LifeSmarts_org](#) and the meme with the most likes by the awards luncheon will receive a prize for the meme-maker(s)! (if for some reason, the DM does not work, email the meme along with the names of the makers to Cherylv@nclnet.org).

Generic Press Release: This is linked at the [Team Information Center](#).



Reminders:

Many items are DUE soon!

✓ April 5: [Stipend form](#) due (includes OTC Medicine Safety Team Award presentations for travel stipends and Anti-Counterfeiting Digital Poster Contest which was due previously. You will be notified early next week about your stipend award amount.

✓ April 5: Deadline for your team to apply for the new LifeSparks team award. Every LifeSmarts team is eligible! Share all your LifeSmarts accomplishments as a team and be awarded for it. Apply now for the new LifeSmarts LifeSparks awards! The new LifeSmarts LifeSparks Award recognizes exemplary LifeSmarts Teams in honor of our milestone 30th anniversary. All LifeSmarts teams that have gained 30 credits throughout the 2023-24 program year will be recognized with this year's LifeSmarts LifeSparks Awards, and the top teams will win special prizes! Teams do not have to compete in either the Varsity or Junior Varsity National LifeSmarts Championships to earn this honor. To apply: Teams use the LifeSparks scorecard to map out their winning strategy to reach 30 credits by March 31, and apply for the award by the **April 5, 2024** deadline. Visit this [link](#) for additional information, the points scorecard, and the official application. We can't wait for your team to shine as they earn their LifeSparks Award!

✓ April 7: **OTC Medicine Safety Scholarship Applications Due**
Using LifeSmarts resources, students deliver community-based OTC medicine safety presentations, social media outreach, or educational materials, to peers, middle school students, or community members. Scholarship Applications Due: **April 7, 2024**. Five \$1,000 post-secondary scholarships will be awarded. Individuals may use presentations made with team members, but each student's scholarship application must be unique. [Scholarship Application Link](#)



[Final Event Agenda](#) is now posted. Check out our final agenda! This is also available on our National LifeSmarts Championship app.



Dates and Deadlines:

- April 5: Recorded Coach and Captain orientation shared
- April 5: [Stipend form](#) due (includes OTC Medicine Safety Team Award presentations for travel stipends and Anti-Counterfeiting Digital Poster Contest which was due previously. See page 14 of [Coach Memo](#))
- April 5: [LifeSparks Team Achievement Award](#) Due
- April 1 – 12: Competition 2 – Online Individual Topic Assessments - see coach memo for details; *Teams will be randomly selected for monitoring via Zoom.*
- April 15: Deadline for [Student of the Year](#) nominations – **Must be completed online**

- April 15: Deadline for [Coach of the Year](#) nominations– **Must be completed online**
- April 15: Deadline for [LifeSmarts Pin Design Contest](#)
- April 18-21: National LifeSmarts Championship – San Diego, CA



Resources

- More information is available in the [National LifeSmarts Championship 2024 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#)
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).



Next week: It's almost here!

Until next week,
The LifeSmarts Team

P.S. Be sure to have your students follow us on Instagram and Facebook for competition topics and question leaks! Students will also want to follow us on TikTok.

Here is your seventh Championship Clue!

