

# NEWS AND TIPS FOR THE 2024 SAN DIEGO 30<sup>TH</sup> NATIONAL LIFESMARTS CHAMPIONSHIP

National LifeSmarts Championship 2024: Edition 4 Information for Coaches & Teams Focus: Reminders, Belmont Park, and More!

Dear Coaches and Team members,

We are so excited to see you San Diego, April 18 – 21, 2024 competing in the 30<sup>th</sup> National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this <u>San Diego Celebration Central</u> newsletter. Our hope is that this will assist you and your team in preparing for Nationals by providing helpful information, timely updates and reminders.

# IMPORTANT: Hotel Rooms

We have several teams who have been unable to book at our event hotel. If you have a room with only 1 or 2 students in it, and they might be willing to share space with a student fromm another team, *please let us know*. Likewise, if you would be wiling to share your room with another coach, please notify us or share your needs or extra room space in the <u>LifeSmarts</u> <u>Coaches Group</u> on Facebook. We really want to house all teams at our event hotel. We appreciate your consideration as our block is currently full.

We also have an overflow hotel. It is walkable (across the street).

Details: The Dana on Mission Bay

1710 W Mission Bay Drive, San Diego, California 92109 Phone: 619-222-6440 Fax: 619-222-5916 Email: res@thedana.com

The rates online are comparable to our event hotel.





#### Coach Zoom 2

The second of our two Zoom meetings to answer questions for coaches is **Tuesday.** The same information will be covered that was covered in the first Zoom, so plan to join us if you were unable to last week. *We request you make every effort to join us in person online.* **Note:** Zooms are for Coaches and Assistant Coaches only, not students

- <u>Tuesday, March 19, 2024</u> at 3:00 p.m. EDT <u>https://us06web.zoom.us/j/83908591283?pwd=Kb8apiGqazlk8ojlM3rAzvrXFyWjRy.1</u>
  - o Meeting ID: 839 0859 1283
  - o Passcode: 535564



### **Participation Release Forms Packets**

We are missing several of these. Please take care of this as quickly as possible. Forward completed Participation Release Forms packet to Ryan at <u>Ryanb@nclnet.org</u>. Refer to the coach memo for additional information.



# Team social media photos due by March 15 – Please send ASAP!

Thanks to the many of you who has already submitted their team photo for social media. If you have not shared your photo with us yet, please send them to <u>Cheryl.</u> Just a note: We will take photos during the registration process at Nationals with and without the team coach(es). We prefer these social media photos to include just the students. Thank you!



#### LifeSmarts Merch!

Our LifeSmarts National Championship merch store is OPEN! Now through **March 29<sup>th</sup>** you may order online for pick-up at the National LifeSmarts Championship.

While the vendor will have a small amount of extra apparel available at the event, we encourage you to order now to guarantee the selection of your choice.

There *may* be shipping available after the event for any orders placed on site, but we do not know that for certain at this point. Remember to order prior to March 29<sup>,</sup> and your merch will be bagged and waiting for you!

We can't wait to see you and your team in San Diego – and hope you will be wearing your LifeSmarts SWAG! Visit our store at: <u>https://www.promoplace.com/lifesmarts/</u>



Thanks to everyone who has already submitted their Team Roll Call recording. Refer to the State Champion Coach Memo and the <u>Team Information Center</u> for details, hints and links to examples from 2023. Just for your information, you will not receive a confirmation for

submitting your reel as it goes directly to the program.



# Fun things to see and do!

Touring: Check out our event <u>microsite from San Diego Tourism</u> <u>Belmont Park</u> – Rides, food and it's at the beach! <u>Sea World School Group Discount</u> (must have ten students so work with other teams to plan your trip!)

<u>Balboa Park</u> - Balboa Park is a cultural oasis that includes 18 museums, numerous beautiful gardens and the <u>world-famous San Diego Zoo</u>. A must-see on any visit to San Diego.

Old Town Market – Over 40 unique shops and excellent food

Visit the La Jolla Beach sea lions and seals

Some information has also been shared in the Facebook LifeSmarts Coaches Group!



**Belmont Park** 



#### LifeSmarts Letterman patches

Thanks to Linda Huebner, Texas coach from Bartlett FCCLA for spearheading this project for us. She has provided this as a good faith, nonprofit service for the past three years. Patches are a 4" sublimated patch (to incorporate the detail and shading). The cost is \$4 per patch. <u>Contact her</u> to reserve patches. She can deliver these to you at the National LifeSmarts Championship. She only has 60 patches left, so contact her if you would like to present these to your team as well as any of your students who may not be attending this year.



### **Dates and Deadlines:**

- NEW TBA LEAP into LifeSmarts Optional Zoom meetings for team members with our LifeSmarts LEAP panel to meet new friends and ask questions. Dates TBA later this week!
- March 1 31: Competition 1 <u>Educational TikTok or Instagram Reel</u> Due. March 31 by midnight EDT. Details in Coach memo.
- Past Due: March 15 Team photo for social media due! <u>Submit earlier if you can!</u>
  Email to <u>Cheryl Varnadoe</u>
- Past Due: March 15 <u>Participation Release forms / Forms Packet</u> due to <u>Ryan Barhoush</u> (if not submitted by your State LifeSmarts Coordinator)
- March 19: <u>Hotel Reservation</u> You must call hotel to check availability; Book at the Dana with information in this newsletter.
- March 19: State Winning Coach Zoom 2 at 3:00 PM EST (Coaches required to attend one of the two Zooms)
- March 28: <u>Anti-counterfeiting digital poster team entry due</u> Optional for stipends
- March 28: <u>Deadline for Identity Theft Essay Contest Application</u> Optional for individual March 29: Deadline for <u>Team Roll Call Recording</u> entries
- April 5: Recorded Coach and Captain orientation shared
- April 5: <u>Stipend form</u> due (includes OTC Medicine Safety Team Award presentations for travel stipends and Anti-Counterfeiting Digital Poster Contest which was due previously. See page 14 of <u>Coach Memo</u>)
- April 5: LifeSparks Team Achievement Award Due
- April 7: <u>Deadline for OTC Medicine Safety Scholarship Application</u>– Optional for individual entries
- April 1 12: Competition 2 Online Individual Topic Assessments see coach memo for details; *Teams will be randomly selected for monitoring via Zoom.*
- April 15: Deadline for <u>Student of the Year</u> nominations Must be completed prior to the event!
- April 15: Deadline for Coach of the Year nominations- Must be completed prior to the event!
- April 18-21: National LifeSmarts Championship San Deigo, CA



- More information is available in the <u>National LifeSmarts Championship 2024 Team</u> <u>Information Center</u>
- Be sure to review the <u>State Champion Coach Memo</u>
- If you have any questions, please email us: <u>Lisa Hertzberg</u> or <u>Cheryl Varnadoe</u>.

**Next week:** Additional updates, weather, and more!

Until next week, The LifeSmarts Team

*P.S. Be sure to have your students follow us on Instagram and Facebook for competition topics and question leaks!* 



Here is your fourth Championship Clue!