

LIFESMARTS AND SKILLSUSA



LifeSmarts is proud to partner with the SkillUSA Health Knowledge Bowl!

<https://lifesmarts.org/>

LifeSmarts is a youth educational program and quiz bowl competition that teaches teens important life skills. It is a free program that is open to all 6-12 grade students.

LifeSmarts complements any curriculum in middle and high schools as well as career and technical and leadership organizations. It can be used for classes, groups, clubs, community organizations.. and more! LifeSmarts aligns with Common Core and 21st Century Learning Skills. Teachers across the country can easily see how our materials fit into a standards-based program. In addition, LifeSmarts offers service projects including our partnership with Kenvue on OTC Medicine Safety education, and many additional scholarships, leadership opportunities and travel stipends.

Visit: <https://lifesmarts.org/> to get started!

In our partnership with SkillsUSA, \$100 cash awards are available to the SkillsUSA team or chapter with the highest score on each month's TeamSmarts assessment from August - February each year. Visit

<https://lifesmarts.org/teamsmarts/>

Questions? Need to know more? Contact:
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LifeSmarts SkillsUSA Health & Safety Challenge

LifeSmarts Provides an opportunity for teams of four - five SkillsUSA members to test their knowledge and compete against other teams in the LifeSmarts Health & Safety Challenge. *The competition is great practice for the SkillsUSA Health Knowledge Bowl, plus top scoring teams earn cash prizes!*

From October 7 - November 8, 2024, SkillsUSA members in high school can participate as a team by completing an online Health & Safety quiz consisting of 100 multiple-choice questions. The top scoring teams in the competition will earn cash prizes! To compete in the Health & Safety Challenge, Team Coaches (club advisers) should register at: <https://competition.lifesmarts.org/register>

SkillsUSA teams can compete in LifeSmarts and complete LifeSmarts TeamSmarts quizzes and practice quizzes to gain knowledge for the SkillsUSA Health Knowledge Bowl.

SkillsUSA teams can compete in LifeSmarts as well as SkillsUSA Health Knowledge Bowl.

LifeSmarts curriculum and resources complement SkillsUSA resources and competitions.

SkillsUSA teams can apply for a Wild Card bid complete with travel stipend money to compete in the National LifeSmarts Championship. Teams can also qualify by winning their state LifeSmarts Championship.

Many teams are able to qualify in online competition. All teams advancing to the National LifeSmarts Championship are eligible to apply for travel stipends. The 31st National LifeSmarts Championship will be held in Chicago, IL, April 24-27, 2025.

For more information on how SkillsUSA teams can be involved in LifeSmarts, visit our SkillsUSA page at:

<https://lifesmarts.org/skillsusa/>