



LifeSmarts
Learn it. Live it.



**LIFESMARTS + 4-H =
FUN!**

What is LifeSmarts?

LifeSmarts is an exciting, free, fast-paced consumer education program and quiz bowl style competition that prepares teens for real life. LifeSmarts provides educators and students with extensive resources, challenging competitions, impactful community service projects, and opportunities for achievement, awards, travel and scholarships. Use LifeSmarts to compliment as well as strengthen existing 4-H programs and projects, explore new opportunities and most of all... have FUN, all while learning by doing!

LifeSmarts categories are: Health & Safety, Technology & Workforce Preparation, Consumer Rights & Responsibilities, Personal Finance, and the Environment. 4-H'ers already learn about all five of these competition areas through Consumer Decision Making / Family and Consumer Science Judging / Quiz Bowl or Skill-a-thon, other 4-H judging and competitive events, 4-H project work, 4-H Healthy Living and STEM programs, community service...the list goes on and on!

LifeSmarts also has special opportunities just for 4-H teams including: TeamSmarts competitions complete with cash prizes, Wild Card team qualifications, the 4-H online Summer Challenge where 4-H teams can earn cash prizes, and more!

Get your 4-H'ers involved in LifeSmarts today and find out what so many 4-H'ers and 4-H programs across the country already know. Sign up today at <https://lifesmarts.org> and also visit our 4-H page at <https://lifesmarts.org/4-h/>.

The LifeSmarts/ 4-H Link

**4-H Teams Can Compete in
Monthly 4-H TeamSmart
Challenges for Cash Awards!**

**State Winning Varsity
LifeSmarts Team Advances
to National in-person
Contest! State winning JV
teams advance to online
Nationals. 4-H High School
Teams are Varsity Teams
and Middle School Teams
are Junior Varsity Teams.**

**4-H Teams Can Apply for
Wild Card Bids to compete
in the National LifeSmarts
Championship! Several 4-H
teams receive these each
year.**

**Use LifeSmarts lessons and
resources for clubs, classes,
workshops, leadership &
service projects and more!**

LIFESMARTS

<https://lifesmarts.org>

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