

LIFESMARTS AND SKILLSUSA



LifeSmarts is proud to partner with the SkillUSA Health Knowledge Bowl!

<https://lifesmarts.org/>

LifeSmarts is a youth educational program that uses competition to develop lifeskills in a fun way and rewards teens for the knowledge they demonstrate. It is a free program that is open to all 6-12 grade students.

LifeSmarts complements any curriculum in middle and high schools as well as career and technical and leadership organizations. It can be used for classes, groups, clubs, community organizations.. and more!

LifeSmarts aligns with Common Core and 21st Century Learning Skills so that teachers across the country can easily see how our materials fit into a standards-based program. In addition, LifeSmarts offers service projects including our partnership with Johnson & Johnson on OTC Medicine Safety education, and offers scholarships and travel stipends.

Visit: <https://lifesmarts.org/> to get started!

In our partnership with SkillsUSA, \$100 cash awards are available to the SkillsUSA team or chapter with the highest score on each month's TeamSmarts assessment from September - February each year. Visit <https://lifesmarts.org/teamsmarts/>

Questions? Need to know more?

Contact:

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LifeSmarts SkillsUSA Health & Safety Challenge

LifeSmarts is providing an opportunity for teams of four SkillsUSA members to test their knowledge and compete against other teams in the LifeSmarts Health & Safety Challenge. The competition is great practice for the SkillsUSA Health Knowledge Bowl! Throughout the month of February each year, high school SkillsUSA members can participate as a team by completing an online Health & Safety quiz consisting of 100 multiple-choice questions. The top scoring teams in the competition will earn cash prizes! To compete in the Health & Safety Challenge, Team Coaches (club advisers) should register at:

<https://competition.lifesmarts.org/register>

SkillsUSA teams can compete in LifeSmarts as well as SkillsUSA Health Knowledge Bowl.

SkillsUSA teams can compete in LifeSmarts and complete LifeSmarts TeamSmarts quizzes and practice quizzes to gain knowledge for the SkillsUSA Health Knowledge Bowl.

LifeSmarts curriculum and resources complement SkillsUSA resources and competitions.

SkillsUSA teams can apply for a Wild Card bid complete with travel stipend money to compete in the National LifeSmarts Championship and can also

win their state LifeSmarts Championship.

The 30th National LifeSmarts Championship will be held in San Diego, CA, April 18-21, 2024.

For more information on how SkillsUSA teams can be involved in LifeSmarts, Visit our SkillsUSA Coach page at:

<https://lifesmarts.org/skillsusa/>