



National LifeSmarts Championship 2023: Information for Teams **Focus: Registration, Deadlines, and More!**

Dear Coaches and Team members,

We are so excited to see you Cincinnati, April 27-30 2023, competing in the 29th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *Cincinnati Communicator* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.

Team Registration:

You must complete the online registration form for the 2023 National LifeSmarts Championship to ensure your team's place at the competition. **The deadline is March 15, 2023.** Please visit this [link](#) to register yourself and your team.

Coaches, you must indicate which ***Individual Assessment*** should be assigned to each student on your team. If a student has competed in the National LifeSmarts Championship before (whether in-person or virtually), they *may not* repeat Individual Assessment topics they have previously tested on.

The registration form also requests your room confirmation numbers. If you do not have these when registering, please email them to Ryan at Ryanb@nclnet.org as soon as possible. We need this information so that we can easily assist you with any hotel issues.

Guests:

The National LifeSmarts Championship is a **closed** event. Teams have names as State or Wild Card Champions and earned their right to be here. Only registered coaches, competitors, alumni volunteers, adult volunteers, sponsors, state coordinators, LEAP members, and the LifeSmarts/ NCL/ Conference team are allowed to participate. Admission to all LifeSmarts events will be monitored. Please contact [Lisa](#) or [Cheryl](#) to discuss any questions you have regarding this.

Other Important Information:

Hotel Reservations:

All teams should stay at the Hilton Cincinnati Netherland Plaza Hotel. All competitions and LifeSmarts activities will take place at the hotel.

Host Hotel:

Hilton Cincinnati Netherland Plaza

35 West 5th Street
Cincinnati, OH, 45202

To Book a Reservation:

Guests can make reservations by calling 1-800-HILTONS and referring to the group code below or by clicking on the link. Reservations can be booked through our cut-off date of **April 4, 2023**.

- [Click here to book rooms](#)
- Group Code: **NLC**
- Group Rates:
 - Single/Double Rates: \$165/night
 - Rollaway beds are available for some rooms. (Please request these when you make your reservation)
- Hotel check-in is 4:00 pm and check-out is 11:00 am
- Luggage storage will be provided during Sunday events

Reservations can be cancelled without first night's room and tax penalty if done so 48 hours before scheduled arrival.

Delta Airlines Discount:

- Delta Air Lines offers special discounts for the **National Consumers League**. ***Discounts vary depending on the class chosen***
- Please [click here](#) to book your flights
- You may also call Delta Meeting Network® at 1.800.328.1111* Monday–Friday, 8:00 a.m. – 6:30 p.m. (EST) and refer to Meeting Event Code **NM2GR**
****Please note there is not a service fee for reservations booked and ticketed via this reservation number***

Hertz Rental Car Discount:

Hertz has offered a discount of 20% off the retail rate.

- To receive the discount, just enter CDP 2188961 under the “add a discount code” when making the reservation.

Ground Transportation:

Information regarding ground transportation at the airport is located at this [link](#).

Updated Transportation Choices/ Parking and Skywalks:

DISCOUNT: Executive Transportation is offering a discount for LifeSmarts teams. For your group to make reservations at the discounted rate (\$35.00 one way per person or \$45.00 round trip per person) use this link: <https://executivetransportation.org/reservations/>

When entering the required information, you must enter **LifeSmarts** in the promo code section, and select **Shuttle (shared ride)** as the vehicle type. See illustration below:

The image shows a portion of a web form for making a reservation. The form includes several input fields and dropdown menus. A star icon is placed next to the 'Promo Code' field, which contains the text 'LifeSmarts14'. Another star icon is placed next to the 'Vehicle Type Required' dropdown menu, which is currently set to 'Shuttle (shared ride)'. Other visible fields include 'US states', 'Zip', 'Email', 'Phone', 'Preferred contact method', 'Details of Service', 'Date of Pick Up', 'Time of Pick Up' (set to 12:00 AM), 'Number of Vehicles', 'Number of Passengers', and 'Name of Passenger(s) - (Only Lead Passenger Required)'. The form is partially obscured by a horizontal line.

[Other Transportation Options](#)

[Southbank Shuttle Route Map](#)

[Cincinnati Streetcar Map](#)

[Parking and Skywalks Information](#)

HOT off the press!

The theme of the dance will be “Roaring 20’s”. LifeSmarts will provide some free items to make this theme even more fun. More info on this coming soon!

Deadlines:

March 1 – 31: Competition 1 – [Educational TikTok](#). Details in Coach memo

March 15: [Team Registration Due online](#)

March 15: Team photo for social media due! Submit earlier if you can! Email to [Cheryl Varnadoe](#)

March 15: [Participation Release forms / Forms Packet](#) due to [Ryan Barhoush](#) (if not submitted by your State LifeSmarts Coordinator)
March 22: State Winning Coach Zoom 1 at 5:00 PM EST (Coaches **required** to attend one of the two Zooms)
March 28: State Winning Coach Zoom 2 at 3:00 PM EST (Coaches **required** to attend one of the two Zooms)
March 24: [Anti-counterfeiting digital poster team entry due](#)
March 31: Deadline for [Team Roll Call Recording](#)
April 4: Deadline to make hotel reservation
April 7: [Deadline for Identity Theft Essay Contest Application](#)
April 7: [Deadline for OTC Medicine Safety Scholarship Application](#)
April 7: [Stipend form](#) due
April 3 – 14: Competition 2 – Online Individual Topic Assessments
April 12: Recorded Coach and Captain orientation shared
April 21: Deadline for [Student of the Year](#) nominations
April 28: Deadline for [Coach of the Year](#) nominations
April 27 - 30: National LifeSmarts Championship – Cincinnati, Ohio

Resources

- More information is available in the [National LifeSmarts Championship 2023 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#)
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).

Next week:

Pin trading, what to wear, ideas for touring and more!

Until next week, The LifeSmarts Team

P.S. Be sure to follow us on Instagram, Twitter and FB for competition topics and question leaks! Here is your first Leak of the Week!

