

## LifeSmarts U Technology and Workforce Preparation Lesson Be Smart About What You Share: A Toolbox Lesson

### Toolbox 14: We Think Digital, "Your Digital Footprint" video

*Used with permission from Meta's We Think Digital Program*

#### Background

"Your Digital Footprint" is an 8- minute video about managing and caring for your digital identity.

View the video and then review the discussion questions below with your group or class.

#### Video URL

**URL**

#### Discussion Questions

1. What is digital identity?
2. How much of your real world self should you share online?
3. Why is it important to keep your digital identity safe?
4. What steps can you take to keep your digital identity safe?

