



**LifeSmarts**  
*Learn it. Live it.*

SmartStart



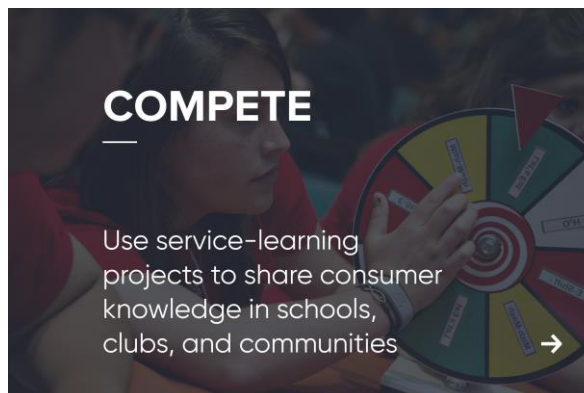
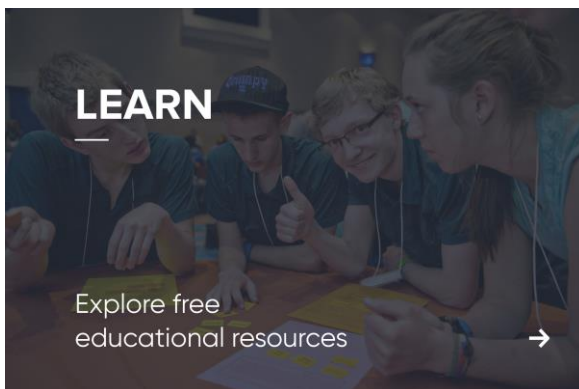
## The new SmartStart

### Learn, Compete, Connect, and Communicate

Improved organization and navigation at LifeSmarts.org and SmartStart will help educators find the lessons, competitions, and programs you need. You'll see **SmartStart** in your inbox the first Tuesday of each month, as well as shorter, focused **TeachSmarts** emails each Tuesday thereafter, highlighting the best of-the-moment resources.

We want to hear what you think of the new format. [Drop us a line!](#)

## September is Health & Safety Month



### Featured resources

**Health & Safety StudySmart Guide** can help you jump into focused content.

September's featured vocabulary can be found in [Question-of-the-Day Calendars](#) and [Answer Keys](#).

**Drag and Drop Weekly Quizzes** on:

- [Global Health](#)
- [OTC Medicine Safety](#)
- [Vaccines](#)
- [Nutrition](#)
- [Emergency and First Aid](#)

### Season launch September 13

Students may register starting September 13. Coaches may create teams now, and returning coaches may log in with last year's credentials.

TeamSmarts is a great practice tool and group-based competitive opportunity. The [September TeamSmarts Quiz](#), focused on Health & Safety, is open Sept. 13- 30. Top-scoring teams earn \$100 prizes. These monthly quizzes show up as a link under your team captain's "competitions" tab. Teams are encouraged to work together to take this 100-question quiz. Remember to keep your eye on the play clock since all LifeSmarts quizzes are timed. \$100 cash prizes will be awarded to the top-scoring Varsity, JV, FBLA, FCCLA, 4-H, HOSA and SkillsUSA teams.

Congratulations to our Over-the-Counter Medicine Safety Mentoring Scholarship Winners: **Tanish Jain**, Montgomery High School FBLA Chapter, NJ, **Taylor Rash**, Pryor High School, OK, **Thomas Read**, Duval County 4-H, Jacksonville, FL, and **Jesse Taylor**, Iola High School, KS.



### September's partner opportunities

The FCCLA LifeSmarts Knowledge Bowl Round One TeamSmarts quiz goes live Sept. 15. This online competition must be completed by FCCLA teams participating in the FCCLA/LifeSmarts Knowledge Bowl by October 15.

[Click here for details.](#)

### Community service opportunity

Encourage high school students to become leaders and mentors in their communities by teaching medicine safety to younger students through the **OTC Medicine Safety Mentoring Project**. Lessons easily adapt to classroom, club, and community settings. [Lesson plans](#) are also available for high school audiences, and [community engagement activities](#) are also part of the project. Student and team awards are available!



Help LifeSmarts reach even more students this year! [Donate today.](#)