

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|--|
| | | | 1 Cigarette butts; food wrappers; plastic beverage bottles; plastic bottle caps | 2 Avoid making false environmental claims | 3 Less likely to cause a fire; longer lifetime; more energy efficient; better for the environment | 4 U.S. passports; all U.S. passports issued after 2007 |
| 5 Post-consumer | 6 Pesticides (insecticides, herbicides, fungicides); fertilizers (phosphorous, nitrogen, potassium); animal waste; sediment (soil) | 7 Basal cell carcinoma | 8 No | 9 Tropical; sub-tropical | 10 1970 | 11 NIOSH; National Institute for Occupational Safety and Health |
| 12 SPF 30 | 13 Zero | 14 Carbon monoxide; lead; nitrogen dioxide; ozone; particulate matter; and sulfur dioxide | 15 Electricity and gasoline | 16 Solar power; wind power; geothermal power; hydropower | 17 Yes | 18 10 percent |
| 19 Oil, coal, natural gas | 20 Greens (like food), Browns (like wood chips/leaves), and Water | 21 Reduce | 22 Anode; cathode; electrolyte | 23 A container deposit; A Bottle Bill | 24 Municipal Solid Waste | 25 Biodegradables |
| 26 Landfills; incineration; disposal | 27 Greenhouse gas | 28 No, technology, habits and the treatment of the environment can change it | 29 Warming | 30 Biotechnology; genetic engineering | 31 Natural resources that are alive, such as plants | |