



LifeSmarts
Learn it. Live it.



LIFESMARTS + 4-H = FUN!

What is LifeSmarts? LifeSmarts is an exciting, free, and fast-paced consumer education program that prepares teens for real life. This National Consumers League program provides educators and students with extensive resources, challenging competitions, impactful community service projects, and opportunities for achievement, awards, travel and scholarships. Use LifeSmarts to compliment and strengthen your 4-H program and projects and most of all... to have FUN!

Categories are Health & Safety, Technology & Workforce Preparation, Consumer Rights & Responsibilities, Personal Finance, & the Environment. 4-H'ers already learn about all five of these competition areas through Consumer Decision Making/ Family and Consumer Science Judging / Quiz Bowl or Skill-a-thon, other 4-H judging and competitive events, 4-H project work, 4-H healthy living and STEM programs, community service... the list goes on and on! Get your 4-H'ers involved in LifeSmarts today and find out what 4-H'ers across the county already know. Sign up today at <https://lifesmarts.org/>.

The LifeSmarts/ 4-H Link

**4-H Teams Can Compete in
Monthly 4-H TeamSmart
Challenges for Cash
Awards!**

**State Winning Varsity
LifeSmarts Team
Advances to National
Contest! 4-H Teams are
Varsity Teams**

**One Guaranteed 4-H Team
Receives an Automatic
Bid to the National
LifeSmarts Championship!
(usually more 4-H Teams
receive bids!)**

**Use LifeSmarts lessons
and resources for clubs,
classes, workshops,
leadership and service
projects and more!**

LIFESMARTS

www.lifesmarts.org

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