



# LifeSmarts

*Learn it. Love it.*

## Notes from the Director

### LifeSmarts Alumni Update, May 5, 2022

Dear Alum,

Last week, we concluded the 28<sup>th</sup> National LifeSmarts Championship in Washington, DC. We could not have had such a successful event without the assistance of our wonderful Alumni serving as volunteers and officials! It was wonderful to be back together in person, and the teams enjoyed the camaraderie of the four-day event. Know that we truly appreciate all of the ways you supported us whether you were on-site as a volunteer, streamed the competition at home, or assisted us in other ways throughout the year.

#### Quick Highlights:

1. The 2022 National LifeSmarts Championship was a huge success. For the first time in LifeSmarts' 28-year history, a Wild Card Team, and first-time National attendees, were crowned National LifeSmarts Champions! Congratulations to our students from Cumberland Valley High School in Pennsylvania, pictured here.
2. 38 teams competed, representing 30 states. All teams completed seven challenges:
  - a. TikTok for Good OTC medicine safety video (you can look these up on TikTok by searching 'LifeSmarts' – very funny, I recommend a watch)
  - b. Individual Assessments
  - c. Sister Team activity
  - d. Speed Smarts
  - e. Three buzzer matches
3. The top 16 teams advanced to the knockout bracket, and, our finalists were:
  - a. Second Place: New Jersey
  - b. Third Place: Idaho and Wisconsin
  - c. Fourth Place: Arizona, North Carolina, Varsity Wild Card 2 (Pennsylvania), and Washington



4. This LifeSmarts Competition included our first ever in-person Alumni Meet-Up. LifeSmarts Alumni, Staff, and Board Members went on a walking tour of the Monuments in Washington, DC. Brenda from Washington Walks shared with us stories about the creation and completion of each monument.
5. **Mark your calendars! Next month on June 14<sup>th</sup> we will have an Alumni Game Night over zoom!** Join us for Jackbox games with friends old and new from LifeSmarts across the years.
6. Summer is the time we refresh all LifeSmarts content. If you are interested in writing or reviewing LifeSmarts questions this summer we would welcome your help! [Please review our criteria](#). You are our LifeSmarts experts and know exactly what questions we should be asking.

Best regards,



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