



Monumental Memorandum 6
National LifeSmarts Championship 2022: Information for Teams
Focus: COVID Protocols UPDATE, Individual assessments, Pay for extra award luncheon tickets and more!

Dear Coaches and Team members,

We are so excited to see you in Washington, D.C., April 21 - 24, 2022, competing in the 28th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *Monumental Memorandum* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.



Updated COVID protocols for the National LifeSmarts Championship - IMPORTANT

The COVID-19 protocols for the National LifeSmarts Championship have been updated and are available [here](#). Masks are no longer required for the event, and all attendees are required to self – monitor for any symptoms and quarantine if they exhibit any signs of infectious illness while at the event.

Between the dates of **April 18 – 20, 2022** coaches must upload the **required** COVID waivers and proof of vaccinations or negative pcr test for each coach, assistant coach and student attending the National LifeSmarts Championship using this [link](#).

Additional information will be shared with Coaches and Team Captains via the Coach and Captain orientation which will be recorded for your convenience. The link to the recording will provided to you in next week’s Monumental Memorandum.

Competition 1 ends FRIDAY!

Competition 1 – the TikTok video educating teen consumers on some facet of OTC medicine safety - is due by Friday, April 8 at midnight EST. Your team will fill out [the entry form](#) as well as post the video on TikTok using the hashtags: #LifeSmartsOTCMedicineSafety and #LifeSmartsNationals2022. The TikTok may be posted on any team member or coach account, or you many choose to create a TikTok account for your team.

Competition 2 - Individual Assessments now available through April 15.

The second competition for the 2022 National LifeSmarts Championship is the Online Individual Topic Assessments. Team members must work independently, with each team member taking a different LifeSmarts topic assessment. Important: Although each team member can see all the quizzes in their quiz portal, they must only take the one that the coach registered them for. The team coach will serve as the proctor/monitor for the Online Individual Topic Assessments and carefully follow the rules outlined on page 16 of the State Champion Coach memo. Each students will answer 50 questions in 33 minutes.



Pay for extra awards luncheon tickets you ordered

Those teams that ordered extra awards luncheon tickets during the registration process need to remit payment immediately for all tickets ordered. Please make checks payable to the National Consumers League for \$30.00 per ticket and mail to: Elena Robertson, Development Manager – LifeSmarts, National Consumers League, 1701 K. Street, NW, Suite 1200, Washington, DC 20006. Checks must arrive by **Monday, April 18**. We will not be able to accept payment at the event. If your plans have changed, please email [Cheryl](#) immediately.

Take a LEAP! Coaches and students can now apply

LEAP (LifeSmarts Engagement Advisory Panel) is a select group of students and adults working together, sharing ideas, and brainstorming new ways LifeSmarts can "Leap" forward and communicate about the LifeSmarts program to more youth and coaches. Students must be willing to network with other members to accomplish assigned tasks. The panel will be invited to participate and assist in Nationals 2023 planning and possibly attend to help run the event. Students currently in grades 8 – 11 may apply at this [link](#). Questions? [Email Cheryl Varnadoe](#). Sign-up deadline is May 15, 2022!



Earth Day events in D.C. – Friday evening, April 22

A few coaches asked for information about Earth Day events in the D.C. area. Here are two options that are free:

- [COAL + ICE: Earth Day exhibit](#) at the Kennedy Center
- ["TRASHY: a zero waste film"](#) - advance screening and Q&A discussion



Remember to download the 2022 LifeSmarts National Championship App

We are excited to announce the new LifeSmarts National Championship app! First, download the **Attendify** App to your phone.

[iPhone App](#)

[Google App](#)

Then, launch the app and search for **2022 Lifesmarts**. The app will be updated daily leading into the National LifeSmarts Championship. Be sure to check back often to stay current on additional information as it is posted.



Other Important Information:

Resources

- More information is available in the [National LifeSmarts Championship 2022 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#).
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).



Dates and Deadlines:

- March 1 – April 8: **Competition 1**
- April 4 – 15: **Competition 2** – Online Individual Topic Assessments (See Coaches Memo)
- April 12: Recorded Coach and Captain orientation shared
- April 18-20: [Deadline for Coaches to upload Covid waivers and proof of vaccination or a negative pcr test](#)
- April 18: Deadline for payment for extra luncheon tickets to arrive at our office in D.C.
- April 18: Deadline for [Student of the Year](#) nominations
- April 22: Deadline for [Coach of the Year](#) nominations
- April 21-24: National LifeSmarts Championship – Washington, D.C.



Next Week: It's getting close and more!

Until next week,
The LifeSmarts Team

P.S. Be sure you are following us on Instagram, Twitter and FB for competition topics and question leaks.