



LifeSmarts
Learn it. Live it.

Monumental Memorandum

*News and Tips for the 2022 National
LifeSmarts Championship*



Focus: LifeSmarts is here! Monumental Memorandum 8

National LifeSmarts Championship 2022: Information for Teams

Dear Coaches and Team members,

It's here! We are so excited that your team will be competing in the 2022 National LifeSmarts Championship! We have lots of reminders this week!



Press Release: This is attached and also is linked at the Team Information Center.



Reminders

- Please read the “Competitor Info” on the National Championship app. It contains information on competition, events, helpful hints, safety and hotel etiquette.
- [Upload](#) your required COVID forms today – April 20.
- Pack masks! Remember, we encourage those who are not fully vaccinated to wear masks, except when competing on stage, but everyone should bring masks to wear as needed. Masks are fine, but no longer required, at any part of this event. Masks are **required** on planes, public transit and the hotel shuttle. Also, please pack a few rapid tests if you have access to them – just as a precaution. Small bottles of hand sanitizer for your team are great to have along as well. *Thank you!*
- Don't forget your sister team gifts and the pins or items for the pin exchange.
- A hoodie or pullover, and a lightweight rain jacket or travel umbrella is always good to have with you.
- Check the weather [here](#).
- Download the National Championship App (Search for Attendify App, download and open it, then search for LifeSmarts 2022.)
- The Coach and Team Captain orientation recording is now available for you and your Team Captain to watch together at this [link](#). The passcode to view the recording is: \$?5SbuLp
- Host Hotel: Hyatt Regency Crystal City at Reagan National Airport 2799 Richmond Highway Arlington, VA 22202



Nominations needed:

[Student of the Year Nominations](#) are due by midnight Eastern tonight, April 18th. *We welcome your nominees!*

[Coach of the Year Nominations](#) due April 22. *We need nominees!*



Get social: Get social by using the hashtags **#lifesmartsnationals** and **#lifesmarts2022!**

Join in the Instagram contest. Details are on the app.



Transportation to Hotel from Reagan National Airport

- Ground Transportation: Information regarding ground transportation at the airport is located at this [link](#).
- Complimentary Shuttle from (and to) Reagan National Airport: Upon arrival, proceed to baggage claim to pick up your bags. The complimentary shuttle for the Hyatt Regency Crystal City picks up between doors 4 & 7 outside on the lower level. If you cannot find it or would like request it, call the hotel at 703-418-1234. It runs every 20 minutes, every day from 4:20 am until 12:40 am.
- By accessing the link <https://www.trackmyshuttle.com/> and using HOTEL CODE: 2799, guests will be provided with estimated times to and from the airport.
- Other Ground Transportation Options: Washington Metro, cabs, Lyft, Uber, or renting a vehicle are all options to get around the Washington D.C. area.

Apps to help with Transportation Around D.C.

Washington Metro Hero: At some point during your Washington, D.C. trip you will probably ride the Metro. There are many free Washington D.C. apps for the Metro. Metro Hero shows the location of every single train in the Metro system. You can also find your station, get live updates for the next trains, and see alerts and elevator and/or escalator outages.

You can also visit <http://www.wmata.com/> for information about public transportation—including bus and metro fares, routes, and timetables. The trip planner allows you to enter where you are, where you'd like to go, and it gives you exactly how to get there.

Metro Hero: [Apple](#) | [Google Play](#)

Uber: [Apple](#) | [Google Play](#)

Lyft: [Apple](#) | [Google Play](#)

Streaming info: Share with your fans at home!

Friends and family back home can watch the semifinal and final matches live on Sunday. They should visit the front page of <https://lifesmarts.org/> and look in the upper right hand of the page for the button to join. Semi-finals begin at 8:30 am EST, and finals at 10:15 am EST.

Contacting Us

If you have any questions, *please* email us: Lisa (lisah@nclnet.org) and Cheryl (cherylv@nclnet.org). Email is the best way to reach us as of this evening (April 18th) as we will be busy preparing for your arrival!

See you in D.C.!