



Monumental Memorandum 7

National LifeSmarts Championship 2022: Information for Teams

Focus: Coach and Captain orientation, D.C. weather, check the app for updates and reminders and more!

Dear Coaches and Team members,

We are so excited to see you in Washington, D.C., April 21 - 24, 2022, competing in the 28th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *Monumental Memorandum* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.



Coach and Captain orientation link

The Coach and Team Captain orientation recording is now available for you and your Team Captain to watch together at this [link](#). The passcode to view the recording is: \$?5SbuLp

Participation Release forms – We are still missing these ([Link](#)) from a few teams. Please email completed form packets to Cherylv@nclnet.org

Weather in D.C.

You may use any number of apps to stay updated on the weather in Crystal City, Arlington, and Washington, D.C. Here is the [ten day forecast](#). Be sure to pack a jacket and possibly a travel umbrella.

Instagram Contest

Don't forget about the Instagram Contest! How to participate: Follow @LifeSmarts_org and include #LifeSmarts2022 and #LifeSmartsNationals in every post. Share pictures with us of your LifeSmarts in action. Show us funny stories about studying, traveling to Nationals, just hanging out with your team and of course, your best selfies! Posts from April 20 – 23 will be considered. Winners will receive prizes.

LifeSmarts T-shirt Design Contest

This competition is optional. Teams that wish to enter the contest should create T-shirts that include the LifeSmarts name and logo and whatever else they wish to include that is related to the competition. Corporate logos from team sponsors are allowed on the shirts but the judging focus will be on the T-shirt design. Teams are asked to turn in one shirt by noon on Friday, April 22 for judging along with the [entry form](#).



Reminders about updated COVID protocols

By now, we hope that everyone has had a chance to see the updated COVID protocols for the National LifeSmarts Championship. These are updated and available [here](#).

The daily self – monitoring tool will be on the championship app. Masks are no longer required, but may be worn at any time during the event, and all attendees are required to self – monitor for symptoms and quarantine if they exhibit any signs of infectious illness.

Between the dates of **April 18 – 20, 2022** coaches must upload the **required** COVID waivers and proof of vaccinations or negative PCR test for each coach, assistant coach and student attending the National LifeSmarts Championship using this [link](#). Be sure to bring adequate masks and rapid tests (if available) with you. If you have questions, *please* contact us.

Competition 2 - Individual Assessments close at midnight EST on Friday, April 15

The second competition for the 2022 National LifeSmarts Championship is the Online Individual Topic Assessments. Team members must work independently, with each team member taking a different LifeSmarts topic assessment. Important: Although each team member can see all the quizzes in their quiz portal, they must only take the one that the coach registered them for. The team coach will serve as the proctor/monitor for the Online Individual Topic Assessments and carefully follow the rules outlined on page 16 of the State Champion Coach memo. Each students will answer 50 questions in 33 minutes.

Deadline for Student of the Year Nominations is April 18

Nominate a stand-out graduating Senior for [LifeSmarts Student of the Year](#) by the deadline of April 18.

Payment should have been mailed for the extra awards luncheon tickets you ordered

Those teams that ordered extra awards luncheon tickets should have already mailed payment. Please make checks payable to the National Consumers League for \$30.00 per ticket and mail to: Elena Robertson, Development Manager – LifeSmarts, National Consumers League, 1701 K. Street, NW, Suite 1200, Washington, DC 20006. Checks must arrive by **Monday, April 18**.

Take a LEAP! Coaches and students can now apply

LEAP (LifeSmarts Engagement Advisory Panel) is a select group of students and adults working together, sharing ideas, and brainstorming new ways LifeSmarts can "Leap" forward and communicate about the LifeSmarts program to more youth and coaches. Students must be willing to network with other members to accomplish assigned tasks. The panel will be invited to participate and assist in Nationals 2023 planning and possibly attend to help run the event. Students currently in grades 8 – 11 may apply at this [link](#). Questions? [Email Cheryl Varnadoe](#). Sign-up deadline is May 15, 2022!



Remember to download the 2022 LifeSmarts National Championship App for updates and reminders!

Be sure that you have the new LifeSmarts National Championship app! First, download the **Attendify** App to your phone.

[iPhone App](#)

[Google App](#)

Then, launch the app and search for **2022 Lifesmarts**. The app is being updated daily leading into the National LifeSmarts Championship. Be sure to check back often to stay current on additional information as it is posted.



Other Important Information:

Resources

- More information is available in the [National LifeSmarts Championship 2022 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#).
- Read all the past issues of the [Monumental Memorandum](#) for valuable information!
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).



Dates and Deadlines:

- April 4 – 15: **Competition 2** – Online Individual Topic Assessments (See Coaches Memo)
- April 12: Recorded Coach and Captain orientation shared (Link included)
- April 18-20: [Deadline for Coaches to upload Covid waivers and proof of vaccination or a negative pcr test](#)
- April 18: Deadline for payment for extra luncheon tickets to arrive at our office in D.C.
- April 18: Deadline for [Student of the Year](#) nominations
- April 22: Deadline for [Coach of the Year](#) nominations
- April 21-24: National LifeSmarts Championship – Washington, D.C.



Next Week: It's here! Final reminders for the 28th National LifeSmarts Championship!

Until next week,
The LifeSmarts Team

P.S. Be sure you are following us on Instagram, Twitter and FB for competition topics / question leaks.