



National LifeSmarts Championship 2022: Information for Teams
Focus: Deadlines, Touring, Attire, Pin Swap and More!

Dear Coaches and Team members,

We are so excited to see you in Washington, D.C., April 21 - 24, 2022, competing in the 28th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *Monumental Memorandum* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.



Important! Hotel Rooms Update: The deadline for booking rooms is **March 29**. Our room block still has rooms available on our peak nights, but please do not delay in booking your rooms. All the details for booking are included in the [State Champion Coaches Memo](#) as well as [Monumental Memorandum 1](#). We have heard that pre and post event room availability at our event reduced rate is already sold out.

Important! Team Registration Due by March 15

To help us in planning and confirming numbers, please register as soon as you can! You must complete the online registration form for the 2022 National LifeSmarts Championship to ensure your team's place at the competition. **The deadline is March 15, 2022.** Please visit this [link](#) to register yourself and your team.

Coaches, remember that you must indicate which **Individual Assessment** should be assigned to each student on your team. If a student has competed in the National LifeSmarts Championship before (whether in-person or virtually), they *may not* repeat Individual Assessment topics they have previously tested on. (Email Cheryl if you need to know which one your students took last year.)

The registration form also requests your room confirmation numbers. If you do not have these when registering, please email them to Ryan at Ryanb@nclnet.org as soon as possible.

Flight Prices

It seems that flight prices may be trending up. Don't forget to use our Delta discount!

Reservations and ticketing is available at this link or by calling Delta Meeting Network Reservations at 800-328-1111.

- When booking online, select 'Book Your Flight' and enter NMV86 as your meeting code in the box provided.
- Discount varies depending the ticket type/class type booked.



Touring

These links are provided just to give you and your team some ideas on all the historical and memorable things you can do in Washington, D.C.

[Order a free D.C. Official Visitors Guide and Map](#)

[DC.gov Visitors Resource Center](#)

[Washington D.C. – Official Tourism Site of Washington, D.C.](#)

[Get Your Guide D.C. – Things to do in Washington D.C.](#)

[D.C. National Parks](#)

[Smithsonian Museums, Galleries and National Zoo](#)

[National Mall and Memorial Parks](#)

[Reserved tickets to the National Archives \(Declaration of Independence, U.S. Constitution and Bill of Rights\)](#)

[The 9/11 Pentagon Memorial](#)

To check the current D.C. travel status, visit [here](#). To check what is open and reopening in Washington, D.C., visit [here](#).

Questions about Team Attire

We have had several questions about attire for the National Championship. There is no required attire. Here are a few suggestions based on what we have observed in the past few years.

Many teams choose to match. Many teams don't. It is totally up to you and your team!

- For Team photos and Competition 3 (Sister Teams Activity) – Team T-shirts and jeans or khakis. It is always fun to remember you are representing your school or organization in any of the photos and the competitions. You can also wear or bring small props to represent your school or favorite sports team or university in the team photos. We have signs for our student leadership organizations and donors to be used in photos as well.
- Competitions 4 - 6: Polo style shirts and khakis or jeans.
- Competition 7 and 8: Polo style shirts and khakis or jeans.
- Semi-Final and Finals: Guys- Nice shirts and dress pants or khakis with or without coat and tie; Girls - Dresses or nice shirt and slacks or skirt.

Room Share

Have an odd number of male or female students on your team? Or need to share a room as a coach or volunteer? Share your needs or extra room space in the [LifeSmarts Coaches Group](#) on Facebook.

Pin Swap



Immediately following dinner on Thursday evening, the Pin Swap provides time for exchanging pins, buttons, stickers, or anything representative of your state with other LifeSmarts competitors. This is optional, but is a fun way to meet and get to know friends from all over the country. Look for free items that represent your state, city or town, or your school or club. Local clubs, banks, businesses, Chambers of Commerce, and state welcome centers may be able to help you with swap items. You may also make an item to represent your town, school, club or state to trade!



Other Important Information:

Guests:

We continue to receive questions about guests. The National LifeSmarts Championship is a **closed** event this year due to COVID-19 guidelines. Only registered coaches / assistant coaches, competitors, alumni volunteers, adult volunteers, donors, state coordinators, LifeSmarts / NCL / Conference team will be allowed to participate. Admission to all LifeSmarts events will be monitored. Please contact [Lisa](#) or [Cheryl](#) to discuss any questions you have regarding this.

Resources

- More information is available in the [National LifeSmarts Championship 2022 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#).
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).



Dates and Deadlines:

- March 15: [Team Registration Due online!](#)
- March 15: Team photo for social media due! Submit earlier if you can! Email to [Cheryl Varnadoe](#)
- March 15: [Participation Release forms](#) / Forms Packet due (if not submitted by your State LifeSmarts Coordinator)
- March 16: [Sarah Weinberg LifeSmarts Memorial Scholarship Nominations Due](#)
- March 16: **State Winning Coach Zoom 1** at 5:00 PM EST (Coaches required to attend one of the two Zooms)
- March 21: **State Winning Coach Zoom 2** at 3:00 PM EST (Coaches required to attend one of the two Zooms)
- March 1 – April 8: Competition 1
- April 1: [Deadline for Identity Theft Essay Contest Application](#)
- April 1: [Deadline for OTC Medicine Safety Scholarship Application](#)
- April 4: Deadline for [Team Roll Call Recording](#)
- April 4 – 15: Competition 2 – Online Individual Topic Assessments (See Coaches Memo)
- April 6: Recorded Coach and Captain orientation shared
- April 18: Deadline for [Student of the Year](#) nominations
- April 22: Deadline for [Coach of the Year](#) nominations
- April 21-24: National LifeSmarts Championship – Washington, D.C.



Next Week: Coach Zooms, Travel Stipends updates, and more!

Until next week,
The LifeSmarts Team

P.S. Be sure to follow us on Instagram, Twitter and FB for competition topics and question leaks that will be coming soon!