



National LifeSmarts Championship 2022: Information for Teams
Focus: Registration, Deadlines, and More!

Dear Coaches and Team members,

We are so excited to see you in Washington, D.C., April 21 - 24, 2022, competing in the 28th National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *Monumental Memorandum* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.

Team Registration:

You must complete the online registration form for the 2022 National LifeSmarts Championship to ensure your team's place at the competition. **The deadline is March 15, 2022.** Please visit this [link](#) to register yourself and your team.

Coaches, you must indicate which **Individual Assessment** should be assigned to each student on your team. If a student has competed in the National LifeSmarts Championship before (whether in-person or virtually), they *may not* repeat Individual Assessment topics they have previously tested on.

The registration form also requests your room confirmation numbers. If you do not have these when registering, please email them to Ryan at Ryanb@nclnet.org as soon as possible. We need this information so that we can easily assist you with any hotel issues.

Guests:

The National LifeSmarts Championship is a **closed** event this year due to COVID-19 guidelines. Only registered coaches, competitors, alumni volunteers, adult volunteers, donors, state coordinators, LifeSmarts / NCL / Conference team will be allowed to participate. Admission to all LifeSmarts events will be monitored. Please contact [Lisa](#) or [Cheryl](#) to discuss any questions you have regarding this.

COVID Protocols and Travel Updates:

We are tracking current COVID protocols in our event area of Crystal City, VA / Arlington, VA, as well as Washington D.C. If updates are needed to our COVID protocols and waiver, they will be made closer to our event and shared with you immediately.

There have been quite a few changes recently, but we will wait to make any adjustments closer to our actual event. To check the current D.C. travel status, visit [here](#). To check what is open and reopening in Washington, D.C., visit [here](#).

Other Important Information:

Hotel Reservations: Book by March 29

All teams should stay at the Hyatt Regency Crystal City. All competitions and LifeSmarts activities will take place at the hotel.

IMPORTANT: Our room rates are offered 3 days pre and post event based on availability. You should not wait to book if you are planning on using this option as room availability is not guaranteed.

Host hotel:

Hyatt Regency Crystal City at Reagan National Airport
2799 Richmond Highway
Arlington, VA 22202

To book a reservation:

Guests can access the web site to book, modify, or cancel reservations through March 29, 2022.

- Click [here](#) to book rooms
- Group Rates:
 - Single/Double Rates: \$189/night
 - Triple Rate: \$214/night
 - Quad Rate: \$239/night

Parking:

For those teams who plan to drive, valet parking is available at the hotel at the rate of \$45.00 per night. The hotel has also provided this [parking map](#) of nearby lots (including the hotel valet) with prices. Parking is also available at Reagan National Airport and the free hotel shuttle will deliver you to the hotel door. All parking lots associated with Reagan National Airport can be found at this link: <https://www.flyreagan.com/dca/parking-transportation>.

Delta Airlines Discount:

- Reservations and ticketing is available at this link or by calling Delta Meeting Network Reservations at 800-328-1111.
- When booking online, select 'Book Your Flight' and enter NMV86 as your meeting code in the box provided.
- Discount varies depending the ticket type/class type booked.

Transportation to Hotel from Reagan National Airport:

- Ground Transportation: Information regarding ground transportation at the airport is located at this [link](#).
- Complimentary Shuttle from (and to) Reagan National Airport: Upon arrival, proceed to baggage claim to pick up your bags. The complimentary shuttle for the Hyatt Regency Crystal City picks up between doors 4 & 7 outside on the lower level. If you cannot find it or would like request it, call the hotel at 703-418-1234. It runs every 20 minutes, every day from 4:20 am until 12:40 am.
- By accessing the link <https://www.trackmyshuttle.com/> and using HOTEL CODE: 2799, guests will be provided with estimated times to and from the airport.
- Other Ground Transportation Options: Washington Metro, cabs, Lyft, Uber, or renting a vehicle are all options to get around the Washington D.C. area.

Apps to help with Transportation Around D.C.:

Washington Metro Hero: At some point during your Washington, D.C. trip you will probably ride the Metro. There are many free Washington D.C. apps for the Metro. Metro Hero shows the location of every single train in the Metro system. You can also find your station, get live updates for the next trains, and see alerts and elevator and/or escalator outages.

Metro Hero: [Apple](#) | [Google Play](#)

Uber: [Apple](#) | [Google Play](#)

Lyft: [Apple](#) | [Google Play](#)

Deadlines:

- March 15: [Team Registration Due online!](#)
- March 15: Team photo for social media due! Submit earlier if you can! Email to [Cheryl Varnadoe](#)
- March 15: [Participation Release forms](#) / Forms Packet due (if not submitted by your State LifeSmarts Coordinator)
- March 16: State Winning Coach Zoom 1 at 5:00 PM EST (Coaches required to attend one of the two Zooms)
- March 21: State Winning Coach Zoom 2 at 3:00 PM EST (Coaches required to attend one of the two Zooms)
- March 1 – April 8: Competition 1
- March 31: Deadline for [Team Roll Call Recording](#)
- April 1: [Deadline for Identity Theft Essay Contest Application](#)
- April 1: [Deadline for OTC Medicine Safety Scholarship Application](#)
- April 4 – 15: Competition 2 – Online Individual Topic Assessments
- April 6: Recorded Coach and Captain orientation shared
- April 18: Deadline for [Student of the Year](#) nominations
- April 22: Deadline for [Coach of the Year](#) nominations
- April 21-24: National LifeSmarts Championship – Washington, D.C.

Resources

- More information is available in the [National LifeSmarts Championship 2022 Team Information Center](#)
- Be sure to review the [State Champion Coach Memo](#).
- If you have any questions, please email us: [Lisa Hertzberg](#) or [Cheryl Varnadoe](#).

Next week:

Pin trading, what to wear, touring and more!

Until next week,
The LifeSmarts Team

P.S. Be sure to follow us on Instagram, Twitter and FB for competition topics and question leaks that will be coming soon!