



***The Virtual 2020 and 2021 Double National LifeSmarts Championship:
Information for Teams
Issue 5 Focus: Pathable platform, SWAG, Reminders, and more!***

Dear Coaches and Team members,

We are so excited that your team will be competing in the 2020 and 2021 Double National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *On the Double* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.



Pathable Platform

Tomorrow, each competing student, coach and assistant coach will receive an email with their individual link to Pathable. This link is not sharable as it is tied to each person's email.

We encourage everyone to go ahead and join in to check it out! We are so excited to share this with you. Everything for the National LifeSmarts Championship will be housed here.

Be sure to look for your Team and sister team, join the Platform Challenge, post on the Cheerboard, visit our Sponsors, checkout Team Central and get social by using the hashtags **#lifesmartsnationals** and **#lifesmartscompetition!**

If you have questions, please let us know, but be sure to take a look!



LifeSmarts SWAG is on the way!



Be on the lookout for your team's SWAG bag from LifeSmarts and our terrific LifeSmarts donors! **Please share photos** of your team opening their SWAG with us on social media using our hashtags or by emailing them to LifeSmarts@nclnet.org. We can't wait to see how much your teams enjoy their SWAG!



Reminder - Sign up for Escape Room or Trivia

Beginning tomorrow, March 30, until April 7, your team members can sign up for the fun Saturday evening activities of either an Escape Room or Trivia Time. Due to limited space, only teens can register for the Escape Rooms. Adults and teens are welcome to join in the Trivia fun. Register here:

<https://www.signupgenius.com/go/30E0C4EAEA62DA0FA7-lifsmarts1>



Reminder - Competition 2: Online Individual Topic Assessments – April 1 - 14

Important: If students have competed in LifeSmarts Nationals previously, they may not take the same individual assessment as in previous years. Please email us if you need to change individual assessment topics for any of your students. The second competition for the National LifeSmarts Championship is the Online Individual Topic Assessments. Team members will find the assessments under their competitions when they log in between April 1-14, 2021. Students work independently, with each team member taking a different assessment and will answer 50 questions in 33 minutes. Recognition will be given to the top-scoring student in each topic area. Ties will be broken by time (least amount of time to complete the quiz is the winner). The team coach will serve as the proctor/monitor for the assessments. See page 9 of the Coach Memo for additional information and the proctoring rules.



Reminder - Coach and Captain Orientation Recording

We plan to release a recorded Coach and Captain orientation on **April 9**. Additional details and a link will be provided to all team coaches.



OTC Medicine Safety Scholarships Application Link

Students competing in the National LifeSmarts Championship can apply for one of five \$1,000 OTC Medicine Safety post-secondary scholarships. Details are available in the National LifeSmarts Championship Coach memo. Deadline to apply is **April 12**. Link to apply:

<https://lifesmarts.org/otc/submit-an-otc-medicine-safety-scholarship-application/>



Reminders

- **Online Individual Topic Assessments – April 1 - 14**
- [Student of the Year Nominations](#) due April 14. *We need nominees!*
- [Coach of the Year Nominations](#) due April 14. *We need nominees!*
- Please send in your [Team Participation Release Forms](#) Packet if you have not already done so.



Dates and Deadlines

- Now - April 7: [Sign up for Escape Room or Trivia Time](#)
- Now – April 14: Competition 2 – Online Individual Topic Assessments
- April 7: Pathable platform launches for National LifeSmarts Championship
- April 9: Coach and Captain Orientation **recording** shared
- April 10: [Zoom Background Contest Entries](#) Due
- April 12: [OTC Medicine Safety Scholarship Applications Due](#)
- April 14: [Student of the Year](#) Nominations Due
- April 14: [Coach of the Year](#) Nominations Due

Other Important Information:



Coming next week – Last minute details and more!

Resources

- More information is available on the [2020 and 2021 Team Page](#).
- Be sure to review the [State Champion Coach Memo](#) and the [Virtual Championship Competition Rules](#).
- If you have any questions, please email us: Lisa Hertzberg (lisah@nclnet.org) or Cheryl Varnadoe (cherylv@nclnet.org).

Until next week,
The LifeSmarts Team