



***The Virtual 2020 and 2021 Double National LifeSmarts Championship:
Information for Teams***

**Issue 4 Focus: Sign-up for Escape Room or Trivia, Coach and Captain Orientation, Reminders,
and more!**

Dear Coaches and Team members,

We are so excited that your team will be competing in the 2020 and 2021 Double National LifeSmarts Championship! Each week leading into Nationals, we will share special updates with you through this *On the Double* newsletter. Our hope is that this will help you prepare for Nationals by providing helpful information and timely updates.



Sign up for Escape Room or Trivia

Beginning tomorrow, March 30, until April 7, your team members can sign up for the fun Saturday evening activities of either an Escape Room or Trivia Time. Due to limited space, only teens can register for the Escape Rooms. Adults and teens are welcome to join in the Trivia fun. Register here:

<https://www.signupgenius.com/go/30E0C4EAEA62DA0FA7-lifesmarts1>



Competition 2: Online Individual Topic Assessments – April 1 - 14

The second competition for the National LifeSmarts Championship is the Online Individual Topic Assessments. Team members will find the assessments under their competitions when they log in between April 1-14, 2021. Students work independently, with each team member taking a different assessment and will answer 50 questions in 33 minutes. Recognition will be given to the top-scoring student in each topic area. Ties will be broken by time (least amount of time to complete the quiz is the winner). The team coach will serve as the proctor/monitor for the assessments. See page 9 of the Coach Memo for additional information and the proctoring rules.



Coach and Captain Orientation

We plan to release a recorded Coach and Captain orientation on April 9. Additional details and a link will be provided to all team coaches.



Reminders

- Team Photos reminder – We still need photos from a few teams, so please share your team photo with [Cheryl](#) if you have not already done so!
- Please send in your [Team Participation Release Forms](#) Packet if you have not already done so.
- Tech Check sign-up is due April 2. Sign up [here](#).
- [Student of the Year Nominations](#) due April 14.
- [Coach of the Year Nominations](#) due April 14.



Dates and Deadlines

- Due *tomorrow* March 31: [Competition 1- OTC Medicine Safety Infographic](#)
- Due *tomorrow* March 31: [Team Roll Call recording](#)
- March 31 – April 7: [Sign up for Escape Room or Trivia Time](#)
- April 2: Deadline to [sign up for Tech Check](#)
- April 5 and 6: Team Tech Checks – links will be emailed to coaches
- April 1 – 14: Competition 2 – Online Individual Topic Assessments
- April 7: Pathable platform launches for National LifeSmarts Championship
- April 9: Coach and Captain Orientation recording shared
- April 10: [Zoom Background Contest Entries](#) Due
- April 12: [OTC Medicine Safety Scholarship Applications](#) Due
- April 14: [Student of the Year](#) Nominations Due
- April 14: [Coach of the Year](#) Nominations Due

Other Important Information:



Coming next week – Pathable platform launch and more!

Resources

- More information is available on the [2020 and 2021 Team Page](#).
- Be sure to review the [State Champion Coach Memo](#) and the [Virtual Championship Competition Rules](#).
- If you have any questions, please email us: Lisa Hertzberg (lisah@nclnet.org) or Cheryl Varnadoe (cherylv@nclnet.org).

Until next week,
The LifeSmarts Team