Capstone goals are key goals that one needs to accomplish first as part of achieving long-term or lifetime goals. This month is capstone month at LifeSmarts. We hope that doing well with LifeSmarts is a goal for you and your students in 2021. You’ll find many great resources on our website, including weekly content vocabulary, weekly quizzes, and February Question-of-the-Day Calendars. Be sure to make it your capstone goal to compete in LifeSmarts this year.

The countdown is on!
In case you haven't heard, in just 79 days, the National LifeSmarts Championship—a virtual competition for 2020 and 2021 State Champion and Wildcard teams—will begin! Stay tuned for more details, and if you are still competing in your state, good luck!

Congratulations state champions!
These teams have already qualified for the 2021 National LifeSmarts Championship in April:

Florida: Duval Diplomats, 4-H, Jacksonville
Hawaii: Waipahu High School, Waipahu

February Capstone TeamSmarts Challenge
The February Capstone TeamSmarts Challenge quiz focuses on all five LifeSmarts topic categories and is open now through February 28. The quiz features topics that students have focused on this year in LifeSmarts and offers a preview of hot topics we will cover at the National LifeSmarts Championship. If you’re coming to Nationals, this will be a great practice quiz! If you're not attending Nationals, we have prizes reserved just for you! Our final TeamSmarts awards for the year will go to teams playing from home and will be announced during the national semifinals and finals on April 19. This is an extra chance to win $100 for your school or organization's LifeSmarts team. Prizes will be awarded to the top-scoring Varsity, JV, 4-H, FBLA, FCCLA, HOSA, and SkillsUSA teams who join us by competing during the month of February.

Varsity Wild Card bid deadline March 1
Varsity Wild Card bids are due March 1, 2021. If you are a new LifeSmarts team, or a team that has always wanted to compete at the National LifeSmarts Championship, this opportunity is for you! This deadline applies to any Varsity LifeSmarts team. Applicant teams complete the Wild Card TeamSmarts quiz and design an educational PowerPoint or Prezi on an important LifeSmarts topic. The team coach provides an endorsement of their team and demographics about the school, chapter, or club. Complete application and eligibility information is available here.

Johnson & Johnson OTC Medicine Infographic
Thanks to Johnson & Johnson, LifeSmarts students have the chance to win prizes for creating informative infographics about over-the-counter (OTC) medicine safety. For complete information and submission guidelines, click here. Up to ten $100 cash awards will be made to JV and Varsity students who submit winning infographics by February 28. See complete details.

FBLA LifeSmarts Spring Challenge
FBLA teams may compete now through February 26 to earn one of the final 12 spots to compete at the FBLA NLC next summer. Teams of two students compete online at LifeSmarts.org, taking two TeamSmarts quizzes together and each completing an individual quiz. Learn more.

Sarah Weinberg LifeSmarts Memorial Scholarship nominations due March 12
Nominate a stand-out graduating senior for the Sarah Weinberg LifeSmarts Memorial Scholarship. This $500 scholarship will be awarded to a LifeSmarts participant who demonstrates a commitment to volunteer service work. Scholarship applications are due March 12. Nominate a student here.

Dates to remember
February 1 – Capstone TeamSmarts Challenge begins
February 1 – Spring FBLA LifeSmarts Challenge begins
February 1 – Deadline for Georgia online state qualifying quizzes
February 5 – Deadline for New Mexico online state qualifying quizzes
February 7 – Deadline for Wisconsin online state qualifying quizzes
February 10 – Deadline for Iowa online state qualifying quizzes
February 11 – Deadline for Colorado online state qualifying quizzes
February 12 – Deadline for Indiana, Michigan, South Carolina, and Texas online state qualifying quizzes
February 16 – Deadline for Illinois online state qualifying quizzes
February 20 – Deadline for Idaho online state qualifying quizzes
February 22 – Deadline for Maine online state qualifying quizzes
February 26 – FBLA LifeSmarts Spring Challenge closes
February 28 – Deadline for Louisiana online state qualifying quizzes
February 28 – Capstone TeamSmarts Challenge deadline
March 1 – Varsity Wild Card Bid applications due
March 12 – Sarah Weinberg LifeSmarts Memorial Scholarship nominations due
April 17-19 – Virtual National LifeSmarts Championship for 2020 and 2021 teams

Be sure to read our weekly TeachSmarts every Tuesday for additional updates. Have a great month!

Have a great month!
--The LifeSmarts Team

LifeSmarts: Learn it, Live it!