Get to know LifeSmarts

LifeSmarts is a free, national consumer literacy program that gives young people the 21st Century skills they need to become successful adults. LifeSmarts offers curricula for teachers, and exciting scholarship opportunities for students.

Why LifeSmarts?

LifeSmarts prepares the next generation of consumers and workers to take control of their lives and make more informed life decisions. In recent years, food, clothing, and entertainment purchases accounted for a majority of teen spending and an increased number of teens shopped online. Also, teens have become increasingly active in the workforce.

What makes LifeSmarts different?

Critical Thinking | Competition | Success

LifeSmarts provides teens with the skills and knowledge they need to evaluate risks and opportunities and make informed decisions for themselves and their families. LifeSmarts pushes students to use critical thinking skills, introduces them to new experiences, and allows them to forge new friendships with students from across the country. LifeSmarts also improves the quality of life of students who participate, instilling confidence and leadership skills that last a lifetime and have a positive impact on their communities.

By the numbers

125,000 teens reached a year online and in classrooms nationwide

43 states where LifeSmarts is active (in the District of Columbia too!)

3.5 million consumer literacy questions answered each program year

It works!

pre- and post-tests of students who participate in LifeSmarts show an increase in scores from a C average to a B+/A- average

At a glance

an educational program
a scholarship opportunity
a learning resource for students
a teaching toolbox
a resource for current consumer topics
a program full of opportunities with many different partners
a program that creates life long connections and experiences for everyone involved

to learn more about the educational strategies behind the LifeSmarts content and approach, visit LifeSmarts.org/curriculum
What's in it for students?

As the nation's premier consumer program and competition for 25 years, LifeSmarts teaches students about core consumer topics and develops confidence, leadership, and teamwork. Students learn to succeed individually and with their teams.

Students credit LifeSmarts with making their high school years compelling and their adulthood a success. LifeSmarts alumni boast professionals in an array of fields including: elected officials, lawyers, entrepreneurs, pharmacists, military personnel, and more.

What's in it for educators?

LifeSmarts curriculum-based foundation has evolved in recent years to complement curricula already in place in middle- and high-schools and can also be used as an activity for classes, groups, clubs, and community organizations. LifeSmarts excels at bringing real-world skills to students, building strong literacy skills and practical knowledge about core consumer topics that include:

- **Personal finance** (credit & debt management, financial planning, taxes, and career planning)
- **Consumer rights and responsibilities** (fraud, contracts, and marketplace economics)
- **Health and safety** (disease & medicine, healthcare, first aid, and nutrition)
- **Technology** (social networks, computing, privacy & security, and cyber ethics)
- **The environment** (waste management, water & land, energy, and atmosphere)

Who operates LifeSmarts?

LifeSmarts is a program of the National Consumers League, the country's oldest consumer advocacy organization. National partners include FBLA (Future Business Leaders of America), FCCLA (Family, Career and Community Leaders of America), and 4-H. LifeSmarts partners with agencies and organizations to run state programs, including attorneys general, JumpStart Coalitions, Councils on Economic Education, Better Business Bureaus, Extension Agencies, 4-H leaders, and others.

For more information about LifeSmarts, contact Lisa Hertzberg, lisah@nclnet.org.