

Become an OTC Medicine Safety Mentor

2017 is the Year of Health and Safety at LifeSmarts, and high school participants have an exciting community service opportunity: to become over-the-counter (OTC) medicine safety mentors.

The OTC Medicine Safety Mentoring Project is designed with LifeSmarts students in mind, and based on educational materials produced by Scholastic and the American Association of Poison Control Centers with support from Johnson & Johnson Consumer Inc. The project promotes safe medicine storage, safe use of OTC medicine, and understanding the Drug Facts label.

High school students demonstrate leadership by teaching 5th and 6th graders about medicine safety. The lesson is easy to adapt to classroom, club, and community settings.

Students who become mentors will receive recognition and are eligible to win prizes and scholarships.

Visit the LifeSmarts Web site to get started:

LifeSmarts.org/otc

The FCCLA Connection

This program fits well with many existing FCCLA projects. Consider using with:

- Community Service Projects
- Leadership Service in Action
- STAR Events:
 - Focus on Children
 - Chapter Service Project
 - Teach and Train
 - National Programs in Action
- Families First program

Involve members in a project where they will grow, learn, serve, and receive recognition for their efforts.

