

## 4-H-LifeSmarts leadership and scholarship opportunity



### Become an OTC Medicine Safety Mentor

2017 is the Year of Health and Safety at LifeSmarts, and high school participants have an exciting community service opportunity: to become over-the-counter (OTC) medicine safety mentors.

The OTC Medicine Safety Mentoring Project is designed with LifeSmarts students in mind, and based on educational materials produced by Scholastic and the American Association of Poison Control Centers with support from Johnson & Johnson Consumer Inc. The project promotes safe medicine storage, safe use of OTC medicine, and understanding the Drug Facts label.

High school students demonstrate leadership by teaching 5<sup>th</sup> and 6<sup>th</sup> graders about medicine safety. The lesson is easy to adapt to classroom, club, and community settings.

Students and chapters or teams that become OTC Medicine Safety Mentors are eligible for:

- one of five \$1,000 post-secondary scholarships
- one of 25 \$500 ChapterTeam Awards
- one of 200 \$25 Educator awards

Visit the LifeSmarts Web site to get started:

[LifeSmarts.org/otc](http://LifeSmarts.org/otc)

### The 4-H Connection

This program fits well with many existing 4-H projects and programs. Consider using with:

- 4-H'ers in Safety, Health, Human Development, and Family Resource Management projects
  - Community Service Projects
  - Leadership in Action
- Teen Leadership projects and clubs
- Mentoring
- Summer programs offered in day cares and teen centers
- 4-H Youth in Action
  - Train-the-Trainer programs



Get your members involved in a project where they will grow, learn, serve, and receive recognition for their efforts!

