



LifeSmarts OTC Medicine Safety Mentoring Project

Tell Me the Question: Medicine Safety Activity

	All About Drugs	The Drug Facts Label	Beware	OTC	Things to Know
Q100	Medicine purchased without a prescription	This federal agency regulates the Drug Facts Label	Frequently included in Warnings, avoid these types of beverages when taking medication	This appears on all over-the-counter medicines purchased without a prescription	A healthcare professional, this person is licensed to dispense prescription drugs
Q200	When you see these letters, it indicates a prescription drug	This section includes phrases like, "Take one tablet every 4 hours," and, "Do not take more than directed"	Choosing to take medicine on your own	Do this before combining an OTC and a prescription drug	Left carelessly in a purse, on the counter, or around the house
Q300	Using more medicine than recommended or prescribed	The symptoms or illnesses an OTC medicine is meant to treat are listed in this section	Household teaspoons and measuring spoons	Unsupervised self-administration of medicine can lead to this	Call 1-800-222-1222 for questions or concerns
Q400	Once a brand name drug patent has expired it may become this	To avoid overdose because the same drug could be in another medication you are taking, check this	"Up, away and out of sight..."	The amount of medicine to take	60-77° Fahrenheit, at which medicines are stored
Q500	Not a household tool, this is used to get an exact measurement of liquid medicine	This section often includes a telephone icon ☎ and a telephone number	Unwanted or unexpected effects from taking a medicine	The amount of active ingredient present in in each unit (for example, each pill)	Research shows that at this age children begin to self-medicate