

STUDENT WORKSHEET 2

Understanding the *Drug Facts* Label

Directions: Think about the discussions you've been having in class about over-the-counter (OTC) medicines and the issues that can arise from not reading and understanding the *Drug Facts* label. Use the sample label on the medicine box pictured here in order to answer the questions below. Write your answers on the back of this sheet.

Think It Through

1. What kind of information might be found in the "Do Not Use" section under "Warnings"? Why is it important for someone to see that information?
2. Are there any side effects associated with the use of this medicine?
3. According to information on this label, what are some reasons that someone might have to contact a doctor before or after giving this medicine?
4. What section of the label would you refer to in order to determine the correct dose?
5. What is the poison center phone number?

1) Answers might include: if you have ever had an allergic reaction to this product or any of its ingredients. It's important to know this information to avoid preventable side effects.

2) Yes. You may get drowsy, should be careful when driving and/or excitability may occur especially in children

3) Answers might include: if you have liver or kidney disease, if you have an allergic reaction or giving it to children under 6 years of age.

4) Tablets melt in mouth. It can be taken with or without water. Adults use 2 tablets every 12 hours. Ages 6-12 take 1 tablet every 12 hours.

5) 1-800-222-1222

Drug Facts

| Active ingredients | Purpose |
|---------------------------|--------------------|
| Medicine 100 mg | cough suppressant |
| Medicine 150 mg | nasal decongestant |

Uses Temporarily relieves:

- coughing due to minor throat and bronchial irritation
- nasal congestion

Warnings

Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have liver or kidney disease. Your doctor should determine if you need a different dose.

When using this product

- you may get drowsy
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and seek medical help right away if allergic reaction occurs.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- Tablet melts in mouth. Can be taken with or without water.

| Age | Dose |
|--|--|
| adults and children 12 years and older | 2 tablets every 12 hours; do not use more than 4 tablets in a 24-hour period |
| children 6 years to under 12 years | 1 tablet every 12 hours; do not use more than 2 tablets in a 24-hour period |
| children under 6 years of age | ask a doctor |

Other information

- store at 20°–25°C (68°–77°F) ■ keep dry

Inactive ingredients
 anhydrous citric acid, aspartame, magnesium stearate, maltodextrin, modified food starch, sodium bicarbonate, D&C yellow no. 10

Questions or comments?
 Call weekdays from 9 a.m. to 5 p.m. EST at 1-800-XXX-XXXX.

This is not an actual *Drug Facts* label.

Did you know? Poison centers are staffed with experts, including doctors, nurses, and pharmacists who can help answer questions about medicines or provide help over the phone if you come into contact with a poison. Calls are free and private.