2017 National LifeSmarts Championship

Competition 1: Conducting a Food Waste Audit

Additional Resources

Food waste reduction strategies for schools:
- Implementing offer vs serve during lunch
- Give food items, such as fruits and veggies, creative names
- Extend the lunch period or have recess before lunch
- Create incentives for students to reduce waste
- Set up share tables
- Allow students to keep uneaten items
- Start a compost pile as a science project
- Tailor serving sizes, go trayless, or use fewer disposable plates

Community-based reduction strategies for schools:
- Connect with a local food bank
- Utilize the Farm2School Network for local produce and compost pick-up
- Find a recycling coordinator
- Send a letter to the city government

Learn more about food waste reduction strategies for schools:
To learn more about food waste reduction strategies within schools, please contact NCL's Food Policy Fellow Ali Schklair at alis@nclnet.org

Donation Resources:
http://www.usda.gov/oce/foodwaste/resources/donations.htm
http://www.foodrecoverynetwork.org
http://www.foodrescue.net

Composting Resources:
http://www.lifelab.org/composting/
http://www.farmtoschool.org
http://articles.extension.org/pages/73370/decreasing-waste-in-schools:-food-recycling-options

Recycling Resources:
https://www.kab.org/recycle-bowl/resources/recycling-resources
http://www.recyclenow.com/recycling-knowledge/getting-started/recycling-at-school
http://www.stopwaste.org/recycling/schools

Food Waste Facts:
https://www.refed.com/?sort=economic-value-per-ton
http://www.wri.org/publication/reducing-food-loss-and-waste

Food Waste Lesson Plans for High School:
http://foodspanlearning.org

Other Resources:
http://articles.extension.org/pages/73160/school-food-recovery-programs-what-are-they-and-how-do-we-get-started
https://www.educateiowa.gov/pk-12/nutrition-programs/quick-links-nutrition/learning-tools-nutrition/food-waste-reduction-school
http://www.sustainabletable.org/5162/teaching-and-educator-resources