



**LifeSmarts**  
*Learn it. Live it.*

**Mar-15**

**ALL TOPICS**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> Consolidating trips, telecommuting, carpooling, using public transit, biking or walking.	<b>3</b> Chlorofluorocarbons	<b>4</b> Controlled breakdown of biodegradable yard and kitchen wastes	<b>5</b> Weeds	<b>6</b> Air Quality Index	<b>7</b>
<b>8</b>	<b>9</b> Drinking water	<b>10</b> Sulfur Dioxide (SO <sub>2</sub> ) and Nitrogen Oxides (NO <sub>x</sub> ) (nitrogen oxide)	<b>11</b> Ozone; ground-level ozone	<b>12</b> A stoppage of work by a group of workers, where workers express a grievance or enforce a demand	<b>13</b> Anorexia	<b>14</b>
<b>15</b>	<b>16</b> Fat free	<b>17</b> Migraine	<b>18</b> Side effects	<b>19</b> Alcohol	<b>20</b> fingers, thumbs	<b>21</b>
<b>22</b>	<b>23</b> Vitamins A and C	<b>24</b> Vitamin D	<b>25</b> As teenagers	<b>26</b> Arteries	<b>27</b> Arm	<b>28</b>
<b>29</b>	<b>30</b> Carbohydrates	<b>31</b> Iron				